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Words of Nectar: Sri Amma Bhagavan

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Only a few people graduated to the level of happiness through contribution and services. What mankind has rarely known is the huge experience of peace that arises from an awakening into Oneness. It is unconditional in nature. Only such an experience of peace, free of any opposites or equal, could put an end to all human suffering. It could only come from a benediction.

Happy individuals creates happy families and happy societies while unhappy individuals creates unhappy families and societies. Happiness is the natural expression of Oneness within an individual, which spreads across all the people.

Ancient Indian thought refers to the four purusharthas: kama, dharma, artha, moksha. Every form of activity in an ancient Vedic society was connected to this core objective of spiritual awakening or liberation. A man created wealth, fulfilled his desires, and contributed to social development only to achieve the final goal of liberation. The underlying web of man existence was qualified and defined by this vision.

Over time, spirituality has been lost from mainstream activity. It should be the underlying fabric of our existence. A true spiritual awakening is one in which every aspect of our life would be suffused with joy and love, where work is enjoyment and not drudgery. Oneness is the unlearning or dissolution of all conceptual walls that make us divisive human beings.

Division of every kind, national, be it religious, cultural or racial, is ultimately sourced in the inherent sense of separation. Since this illusory sense of separation has its roots in a neurobiological condition, no amount of active effort on our part could ever undo this situation. The Oneness programmes facilitate this shift from separation to Oneness through a powerful divine intervention, made possible by the phenomenon of the Oneness Deeksha or Blessing. The dawn of the golden age is the single most explosive fact of our times. We have a destiny to create, a state of consciousness that is Oneness with all that is.

The Oneness Deeksha or Oneness Blessing is known to affect the neurobiology of the brain thus facilitating a shift in consciousness. This shift has farreaching effects, not restricted merely to the realms of the transcendental alone but also the material and psychological dimensions of life. There are many experiences of people having shifted from beta to theta as well as delta states of consciousness in a single episode of receiving of the Oneness Blessing. The guru's sankalpa or intent makes it possible for many thousands to be initiated as Oneness Deeksha-givers all over the world that distinguishes this movement as a people's movement in every sense, wherein people work to transform themselves and others.

A neuroscientist expresses enlightenment by shutting down the parietal lobes, a psychologist by loss of the sense of self, a philosopher by transcending the sense of separation and a mystic by recognising reality as it is. A spiritual person experiences enlightenment by achieving Unity Conscience.