

Bhagavan answers questions about enlightenment

Question: Bhagwan, how do you give enlightenment? How is it possible to give enlightenment? Bhagwan: Ah yes. Basically it is through the process of what is called 'deeksha', an electrical energy which transfers through some kind of a hole in the mind of man. We believe that the mind of man is like a wall, which divides man from God. The deeksha is an electrical energy that makes a hole in this wall, which we call the mind. Once that happens, then God and man can come to relate with each other. The way they relate has to do with his background, his conditioning, his aspirations, his education, so many factors. But it is God who gives enlightenment, whether you call it God or cosmic consciousness or nature, call it what you want. So that takes over and enlightenment is delivered through God. He is the one who delivers. Our job is to give the deeksha and make a hole in the mind, and then God does the rest. It's a very complex process that only God can do.

Question: So when you give deeksha you speak of this deeksha as a neurobiological process that affects the brain?

Bhagwan: Yes, when we give deeksha it is like the passing on of an electrical energy that affects the brain, the spinal cord, and what we call the ductless glands or the 'chakras'. So most of the work is being done on the frontal lobes and the parietal lobes of the brain. There is an activation of the frontal lobes, and a deactivation of the parietal lobes, plus some energies are sent into the ductless glands to reactivate these chakras. So all this in turn produces a hole in the mind, and a link is established between God and man. Thereafter what happens is God's work. Up to then, of course, we can do certain things.

Question: Right. So when you speak about losing the 'self', that's what happens when you make this hole in the wall?

Bhagwan: When you make the hole in the wall, then God can take over, and then he works on the senses, liberating the senses from the mind, from the clutches of the mind. When that happens you lose your 'self'. That part of the work happens through God himself. As he is the creator, He works like a computer to rearrange the brain, and He takes over.

Bhagavan has stated that his mission is to bring 64,000 people to enlightenment by the year 2012. This is .001% of the world's population. This number is the "100th monkey" that will create the necessary resonance effect needed to create a wave of mass enlightenment over a three day period in 2012. Recently Bhagavan was asked about the 2012 effect.

Question: What is the significance of the year 2012?

Bhagwan: OK. Most of you know that the earth has got a magnetic field. As the earth's molten core is rotating, the magnetic field is created. The thought sphere of the human mind is located in the earth's magnetic field. This magnetic field has been weakening dramatically over last ten years.

Now, in physics there is a parameter called 'Schumann's Resonance'. Using that we can determine the strength of the earth's magnetic field. While for many centuries, it was constant around 7.80 cycles per second, during the last 7-8 years, it has risen to 11 cycles per second and is continuing to increase dramatically. If you work it out mathematically, it appears that, by the year 2012, the "Schumann's" is likely to be 13 cycles per second. When this resonance is 13 cycles per second, the earth's core would stop rotating with magnetic field gone, you mind is gone. When I say "your mind", what I mean is your "samskaras". The pressure of the past 11,000 years of samskaras will vanish.

In the Dharma, we also say, 'Mind is Karma'. All actions start from your mind. The mind is nothing but a storehouse of samskaras or past life vasanas from which all action emanates. This is stored in the earth's magnetic field. So in the year 2012, it will become zero for a few days. After that the core will start rotating again. This would be a fresh beginning for man or the dawn of the Golden Age. This is the significance of the year 2012.

How do we know it will happen? The study of fossil records has shown that, it happens roughly after 11,000 years. It's only a short time away and then we can all start afresh. That is why I want you to become enlightened by 2012. If you are enlightened, with all your samskaras gone, we can begin a new yuga, which can be called Satya Yuga or the Golden Age. Man will enter into a new state of altered consciousness.

As I told you already, the earth's resonance is increasing which means the earth's heart is undergoing a transformation. The earth has got a physical body, like you have a body. It has got a consciousness as well. Now, as the resonance of the earth's heartbeat is increasing, the earth's heart functions very differently than before. Now, your heart and the earth's heart are connected. The earth's heart can be influenced by your heart and vice versa. That is why, it is essential that your heartbeat synchronise with the earth's resonance. This means your heart must flower. Your heart will flower when you discover love in your relationships.

If you have discovered love, you must stop judging your parents, spouses, etc., internally. Nobody can be judged as the whole universe directly influences all events, even the behaviour of people.

So learn to experience life. Life has to be experienced, be it pain or pleasure.

Question: Bhagavan, what is role of Amma in Mukti?

Bhagwan: Amma and I are two sides of the same coin. We are not really different. For practical purposes Amma takes care of the Vara Deeksha and I take care of the Mukti Deeksha. Maybe after some months I will shift over to Varas and Amma will shift over to Mukti. We can interchange, but when we work in the Mukti process I handle one particular Nadi and she handles one particular Nadi. And generally we won't interchange those Nadis but both these Nadis are involved in the process.

If the problems are related to your father, because these are very vital things, then I would be handling them, and if the problems are related to the mother, Amma would be handling them, because your relationship with parents control the process to a great extent. And the other thing is, when I tend to 'explain', Amma tends to 'act'. So you need both these components. If somebody comes and tells me - I have this problem, I try to explain to him why is this problem and that better he understands why it happened.

Amma and I we have our arguments and Amma says "Look! He already has a problem, he cannot even think, you are trying to explain to him right now. That we will see later, first let us solve his problem." My argument is that if you solve the problem, he runs away. So it goes on like this.

And there are sometimes when people have to be mothered, because it is a very wrong kind of delivery and therefore Amma has to mother him. So that kind of thing will be taken care of by Amma. We have complementary roles to play. But in the Mukti process both will be involved.

At a physical level, Amma is focusing more on the desires aspect and I am focusing more on the Mukti aspect. In essence there is no great difference. Basically I handle what is called the stillness and Amma handles what is called the movement. Stillness and movement would be alternating in consciousness. This is the ultimate truth, in case you can say there is an 'ultimate truth'. These two only will be alternating. This only creates the universe and everything in it. You can experience in the Enlightenment process.

Question: Even before I complete my prayers to Amma, she delivers the boon on my lap. Why is it Amma, so fast and compassionate, Bhagavan? Do the Pancha Boothas obey Her word and act immediately?

Bhagwan: See, even in your families, the mother is generally quick to appease you. Your father is bit tough. It is exactly the same thing here. That's why what you must do is, in case I'm not answering, you must shift to Amma. But Amma is also tough in her own way. She may be very demanding at times. She would want you to work out your karma by doing seva. She could put conditions like, "I will do this for you, but you set this right". But my way is "I will do this, but understand this". I focus more on learning. Amma focus more on karma. So you have to choose.