

## Meaning of Mool Mantra

Om Sat-Chit-Ananda Parabrahma  
Purushothama Paramatma  
Sri Bhagavathi Sametha  
Sri Bhagavathe Namaha

(in Telugu)

This Vedic Sanskrit chant was given to humanity through the Grace of Sri Amma Bhagwan. When you chant this Mantra, even without knowing the meaning of it, that itself carries power. But when you know the meaning and chant it with feeling in your heart then the energy will flow a million times more powerfully. It is therefore important to know the meaning of the Moola Mantra when you use it.

This Mantra is like calling a name. Just like when you call a person he comes and makes you feel his presence, in the same manner when you chant this mantra the Supreme Energy manifests everywhere around you. As the Universe is omnipresent, this Supreme Energy can manifest anywhere and any time. It is also very important to know that invocation of the Moola Mantra with deep humility, respect and with great necessity makes The Divine Presence stronger.

~ OM ~

OM has got 100 different meanings. It is said, in the beginning was the Supreme word and the word created every thing. That word is OM. If you are meditating in silence deeply, you can hear the sound OM within. The whole of creation emerged from the sound OM. It is the primordial sound or the Universal sound by which the whole universe vibrates. OM also means inviting the higher energy. This divine sound has the power to create, sustain and destroy, giving life and movement to all that exist.~ SAT ~

SAT means all penetrating existence that is formless, shapeless, omnipresent, attribute less, and quality less aspect of the Universe. It is the Unmanifest. It is experienced as emptiness of the Universe. We could say it is the body of the Universe that is static. Everything that has a form and that can be sensed, evolved out of this Un manifest. It is so subtle that it is beyond all perceptions. It can only be seen when it has become gross and has taken form. We are in the Universe and the Universe is in us. We are the effect and Universe is the cause and the cause manifests itself as the effect.~ CHIT ~

CHIT is the Pure Consciousness of the Universe that is infinite, omni-present manifesting power of the Universe. Out of this is evolved everything that we call Dynamic energy or force. It can manifest in any form or shape. It is the consciousness manifesting as motion, as gravitation, as magnetism, etc. It is also manifesting as the actions of the body, as thought force. It is the Supreme Spirit.~ ANANDA ~

ANANDA means bliss, love and friendship nature of the Universe. When you experience either the Supreme Energy in this Creation (SAT) and become one with the Existence or experience the aspect of Pure Consciousness (CHIT), you enter into a state of Divine Bliss and eternal happiness (ANANDA). This is the primordial characteristic of the Universe, which is the greatest and most profound state of ecstasy that you can ever experience when you relate with your higher Consciousness.~ PARABRAHMA ~

PARABRAHMA is the Supreme Being in his Absolute aspect; one who is beyond space and time. It is the essence of the Universe that is with form and without form. It is the Supreme creator.~ PURUSHOTHAMA ~

PURUSHOTHAMA has got different meanings. Purusha means soul and Uthama means the supreme; the Supreme spirit. It also means the supreme energy of force guiding us from the highest world. Purusha also means Man, and PURUSHOTHAMA is the energy that incarnates as an Avatar to help and guide Mankind and relate closely to the beloved Creation.~ PARAMATMA ~

PARAMATMA means the supreme inner energy that is immanent in every creature and in all beings, living and non-living. It's the indweller or the Antaryamin who resides formless or in any form desired. It's the force that can come to you whenever you want and wherever you want to guide and help you.~ SRI BHAGAVATI ~

SRI BHAGAVATI is the Feminine aspect, which is characterized as the Supreme Intelligence in action, the Power (The Shakti). It is referred to the Mother Earth (Divine Mother) aspect of the creation.~ SAMETHA ~

SAMETHA means together or in communion with.~ SRI BHAGAVTE ~

SRI BHAGAVTE is the Masculine aspect of the Creation, which is unchangeable and permanent.~ NAMAHA ~  
NAMAHA is salutations or prostrations to the Universe that is OM and also has the qualities of SAT-CHIT-ANANDA, that is omnipresent, unchangeable and changeable at the same time, the supreme spirit in a human form and formless, the indweller that can guide and help in the feminine and masculine forms with the supreme intelligence. I seek your presence and guidance all the time.