Shilpa Shetty to take part in Level 2 MD

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Shilpa and Raj Kundar to take part in Level 2 Oneness Process
Shilpa Shetty and Raj Kundra took off together for the Oneness University near Chennai to participate in the Level 2 Oneness Process (the deepening process).

While Shilpa has earlier done the Level 1 Oneness Process (the enlightenment process) this is the first time Raj will taking the course. The lovers will be busy with the five-day course, after which they will fly off to Maldives with their respective families to celebrate Raj's birthday on September 9.

The actress felt she'd truly benefitted from the first course and learnt to value and appreciate her family more. She had been planning to do the second one too but had been busy travelling. She also convinced Raj to try it, now that she finally found the time to move to level 2. The Oneness Course is a special pre-birthday gift from her to Raj."

All booked
After the course, Raj and Shilpa leave for Maldives to celebrate Raj's birthday there. "It's a very special occasion as all the 9s come together (09/09/2009) and Shilpa is sparing no efforts to celebrate it on a grand scale. Both Shilpa's and Raj's families will be apart from some very close friends. The 20 guests will be staying at a five star hotel. Everything from the Presidential Suite to the water villas have been booked for the party."

Spiritually uplifting
Shilpa confirms, "Yes I am going to the Oneness University with Raj next week. Doing the Level One Process at Oneness was a spiritually uplifting and enlightening experience. Now I am looking forward to keeping the maun vrath and doing the Deepening or Level 2 course." source mid-day